

How to care for your dressing

Mepilex[®] Border Sacrum

Facility _____

Contact person _____

Phone _____

Next appointment _____

www.molnlycke.com.au

www.molnlycke.co.nz



Mölnlycke[®]

Mepilex® Border Sacrum

Safetac®
TECHNOLOGY



Shower-proof



Your wound has been dressed with a dressing incorporating Safetac® technology that will minimise pain on removal and assist healing.

Caution: If you see changes in the wound and/or surrounding skin, such as redness, pain, heat, swelling or odour, please contact your healthcare professional.

Special notes:

Your dressing is needed for

Prevention

Treatment



Mölnlycke®

If your dressing is used for **Prevention**

- Inspect the skin under dressing daily by carefully lifting the border edge at the top.

When should you change the dressing?

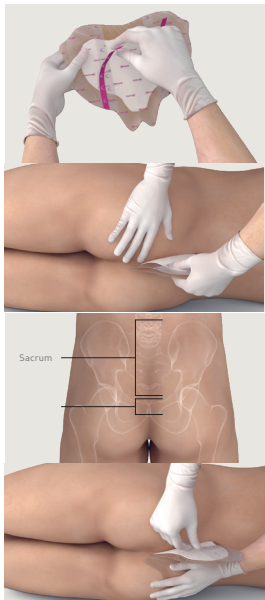
- This dressing can be left intact for several days depending on the wound condition and the surrounding skin¹.
- Change as advised by your health care professional.
- Dressing should be changed if rolled, soiled, saturated, displaced or compromised.

Shower? **Yes**

Bath? **No**

Prior to showering, press and smooth the dressing to ensure the entire dressing is in contact with the skin.

How to apply and remove your dressing?



1A. Removal of existing dressing - gently peel back the dressing until completely removed from the skin. Consult with your health care professional about wound cleaning procedure.

1B. After skin is prepared and dried thoroughly, remove the centre release film by gently pulling on pink-lined edge.

2. Hold buttocks apart. Apply dressing to sacral area and into upper aspect of gluteal cleft, with dressing 'base' positioned to cover coccyx area (bony prominence).

NOTE: Ensure the dressing does not cover the anus. Please consult with your healthcare professional for further instructions.

3. Remove side release films and gently smooth each side into place. Do not stretch.

You can find more resources about wound management here*.

<http://www.woundaware.com.au/wound-information/>



Reference: 1. Mepilex Border Sacrum Instructions for use.

* Resources are supported by Wounds Australia

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