

# Application Guide

## Epaderm<sup>®</sup> Ointment

Facility \_\_\_\_\_

Contact person \_\_\_\_\_

Phone \_\_\_\_\_

Next appointment \_\_\_\_\_

[www.molnlycke.com.au](http://www.molnlycke.com.au)

[www.molnlycke.co.nz](http://www.molnlycke.co.nz)



Mölnlycke<sup>®</sup>

# Epaderm® Ointment



Epaderm is indicated for the management of the effects of dry skin conditions such as mild eczema or mild psoriasis.

It is suitable for all ages, including babies<sup>1</sup>, and with no fragrances or colours it is kind to already sensitive skin.

Epaderm 3-in-1 ointment – can be used as an emollient, a skin cleanser, or bath additive.

**Note:** Please consult your healthcare professional for additional instructions if tubular bandages such as Tubifast® or dressings are being used in conjunction with this product.

Special notes:

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Mölnlycke®

Body & facial cleanser? **Yes**

Skin Emollient? **Yes**

Bath additive? **Yes**

### How to use Epaderm® Ointment<sup>1</sup>?

- Ensure hands are clean before applying Epaderm Ointment.
- As a skin emollient: apply to skin as often as required.
- As a skin cleanser: dispense a small amount onto your hand, lather under warm water and then use as a normal soap.
- As a bath additive: take an appropriate amount of Epaderm Ointment and melt in a suitable container of hot water and shake to mix. Ensure the mixture has cooled sufficiently before adding to the bath. Care should be taken as Epaderm Ointment will make the bath surface slippery.

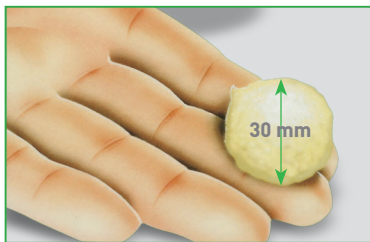
Note: If symptoms persist, please consult your healthcare professional.

### How much to apply?

#### Minimum amounts required for an adult

Face, ears and neck .....	1 measure twice a day
Arms and back .....	2 measures twice a day
Both legs .....	4 measures twice a day
Both hands .....	½ measure twice a day
Genitals .....	½ measure twice a day

Children under ten years of age require half the above amounts.



1 measure = 4 grams of Epaderm Ointment

You can find more resources about a good skin care practice here\*.

<http://www.woundaware.com.au/good-skin-care/>



Reference: 1. Farmer, D. Epaderm Cream Evaluation questionnaire. Report no. PD-531402 Rev 02. 2. Epaderm Ointment Instructions for use.

\* Resources are supported by Wounds Australia

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