

## How to care for your dressing

### Mepilex<sup>®</sup> Border Post-Op

Facility \_\_\_\_\_

Contact person \_\_\_\_\_

Phone \_\_\_\_\_

Next appointment \_\_\_\_\_

# Mepilex® Border Post-Op



Shower-proof

Your wound has been dressed with a dressing with Safetac®, an adhesive designed to minimise pain on removal.

**Safetac**  
TECHNOLOGY

**Caution:** If you see changes in the wound and/or surrounding skin, such as redness, pain, heat, swelling or odour, please contact your healthcare professional.

Special notes:

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**Mölnlycke**®

## When should your dressing be changed?

- This dressing can be left intact for up to seven days depending on the wound condition and the surrounding skin<sup>1</sup>.
- Dressing should be changed if surgical exudate leaks from the dressing or out into the borders; when the absorbent pad is fully saturated (3 out of 4 corners); and at any sign of infection.
- Please contact your healthcare professional if you feel your dressing needs changing.

### Shower? **Yes**

Prior to showering, press and smooth the dressing to ensure the entire dressing is in contact with the skin.

### Bath? **No**



Dressing on bent knee



Dressing should be changed\*  
\*Please consult with your healthcare professional

You can find more resources about wound management here\*

<http://www.woundaware.com.au/wound-information/>



Reference: 1. Mepilex Border Post-Op Instructions for use.

\* Resources are supported by Wounds Australia

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